

# Recommendations at an organisational level

## **NoURISH**

For a place-based arts initiative that supports mental health and wellbeing to be integrated in a service, the organisation will have to have:

**Need** for the particular contribution of the arts

**Understanding** of the benefits of the arts.

**Resources** that can support new initiatives.

**Inspiration** to make things happen.

**Skillset** to offer arts interventions that are creative and safe.

**Help** from other professionals and organisations.

*Need, Understanding, Resources, Inspiration, Skillset, Help =*  
**NoURISH**

