

Recommendations at a project level

ACCEPT

For a place-based arts initiative that supports mental health and wellbeing to become scalable, it needs to be:

Adaptable to address diverse mental health concerns and wellbeing needs.

Clear so it is easily understood.

Collaborative to support trusting relationships.

Evidence-based to convince different audiences.

Personalised to meet the specific needs of individuals and communities.

Transformative to energise and support change

*Adaptable, Clear, Collaborative, Evidence-based, Personalised, Transformative = **ACCEPT***